

# International Day of Persons with Disabilities

Dear staff and students,

The Human Rights EDI Department and the Autism@UL Special Interest Group is delighted to host a virtual speaking event with Melissa Mooney on Friday 2<sup>nd</sup> December from 1-2pm.



Melissa is an autistic and dyspraxic self-advocate. She holds a BA in Applied Languages from the University of Limerick, and is a member of the Autism@UL Special Interest Group. She works with businesses globally to develop accessible, authentically inclusive hiring programmes for neurodivergent people and people with disabilities. She strives to help deepen wider society's understanding of neurodiversity and has written and spoken on a wide variety of topics, including autistic pride, self-acceptance and masking.

**The Title of Melissa's talk is 'Authentically Autistic: My Journey towards Self-Acceptance'.** Melissa's talk will centre on self-acceptance. She will also offer practical advice for people who want to know how they can be good friends and allies to the Autistic people in their lives.

For more information on Autism@ul please click [here](#)

More information on this online speaking event can be found [here](#)

**Please click [here](#) to register for this event**